



Weight Management

BASIC DIET PROTEIN 37

Item No.: 5449134

MEAL REPLACEMENT: WE OFFER YOU A WIDE RANGE OF PRIVATE-LABEL PRODUCTS

Biohealth offers you a high-quality meal replacement made from a two-component protein - soy protein isolate and whey protein isolate. Protein, unlike fat, has a lower nutrient density and therefore fewer calories. This makes protein the perfect aid to healthy and sustainable weight loss.

"Basic Diet Protein 37" developed by Biohealth is a tasty meal replacement with a protein content of 19g per serving. Protein contributes to building and maintaining muscle mass.

This main meal replacement is available in two delicious flavours and is quick and easy to prepare.



Benefits

Meal replacement with whey protein and soy protein isolate

- Replaces one or two main meals per day
- 222 kcal/meal
- Protein contributes to helps to build and maintain muscle mass
- High protein content at 19g protein per serving
- With dietary fibre
- Contains essential vitamins and minerals
- Perfect as a convenient shake for breakfast or during the day
- In two delicious flavours
- Suitable for vegetarians



Also available: diet high protein 60

- Varieties: vanilla, raspberry-passion fruit
- 223 kcal per serving
- 26 g protein per serving
- Replaces one or two main meals a day
- Contains essential vitamins and minerals



BHI Biohealth International GmbH
Heinrich-Wirth-Straße 13
D-95213 Münchberg
Germany

T +49 (0)9251 870 87-20
F +49 (0)9251 870 87-50
info@biohealth-int.com

www.biohealth-int.com
www.plusgestalter.de

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health food solutions



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Description

Meal replacement for weight management with sweeteners

Dosage per serving and use

As a meal replacement, dissolve 30g powder into 250ml milk (low fat, 1.5%) and drink.

Before During After

Technical data

Flavours: Chocolate, Raspberry-passion fruit

Shelf life: 12–18 months

Storage: Store in a cool, dry and dark place.

Packaging: 

Allergy information

Soy/soy products, milk/milk products (including lactose), gluten-containing cereals

Ingredients (chocolate)

Whey protein isolate (**whey** protein, emulsifier: lecithins), wholemeal **oat** flour, **soy** protein isolate (Glycine max), sweet **whey** powder, 10% low-fat cocoa powder, edible oil powder (sunflower seeds, contains 40% linoleic acid), inulin (chicory), **oat** fibre powder (Avena), potassium salts of orthophosphoric acid, calcium carbonate, thickener: guar gum, magnesium salts of orthophosphoric acid, emulsifier: lecithins, magnesium oxide, flavouring (**milk**), anti-caking agent: silicon dioxide, flavouring, sweetener: sucralose, zinc gluconate, L-ascorbic acid, ferrous sulfate, sweetener: sodium cyclamate, DL-alpha-tocopheryl acetate, potassium iodide, manganese gluconate, nicotinamide, sodium selenite, cupric gluconate, calcium D-pantothenate, retinyl acetate, sweetener: sodium saccharin, cyanocobalamin, cholecalciferol, pyridoxine hydrochloride, phyloquinone, thiamine hydrochloride, riboflavin, pteroylmonoglutamic acid, D-biotin

Nutrition Information	per 100 g	NRV*	per serving ¹	NRV*
Energy value	1422kJ	**	930kJ	**
Energy value	340kcal	**	222kcal	**
Fat	8.7g	**	6.6g	**
-of which saturates	1.9g	**	3.3g	**
Carbohydrate	21g	**	18g	**
-of which sugars	6.5g	**	14g	**
Fibre	16g	**	4.7g	**
Protein	37g	**	19g	**
Salt	0.80g	**	0.54g	**
Vitamin A	934µg	117	280µg	35
Vitamin D	5.8µg	116	1.7µg	35
Vitamin E	14mg	117	4.2mg	35
Vitamin K	87µg	112	26µg	35
Vitamin C	93mg	116	28mg	35
Thiamin	1.3mg	118	0.38mg	35
Riboflavin	1.6mg	114	0.49mg	35
Niacin	18.7mg	117	5.6mg	35
Vitamin B6	1.6mg	114	0.49mg	35
Folic acid	230µg	115	69µg	35
Vitamin B12	2.9µg	116	0.88µg	35
Biotin	60µg	120	18µg	36
Pantothenic acid	7.0mg	117	2.1mg	35
Potassium	1666mg	83	500mg	25
Calcium	933mg	116	280mg	35
Phosphorus	812mg	116	243mg	35
Magnesium	437mg	117	131mg	35
Iron	16.3mg	116	4.9mg	35
Zinc	11.7mg	117	3.5mg	35
Copper	1.17mg	117	0.35mg	35
Manganese	2.3mg	117	0.70mg	35
Selenium	64.2µg	117	19µg	35
Iodine	175µg	117	52.5µg	35
Sodium	320mg	**	216mg	**

¹ 30g powder + 250ml low fat milk (1.5%) * Percent of nutrient reference values (NRV) according to Regulation (EU) No 1169/2011 | ** No NRV available

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