

HEALTH FOOD
FOR YOUR
BRAND.



Sports Nutrition

PROTEIN 50 MILK SHAKE

Ready to drink!

This delicious, ready-to-drink milk shake contains more than 33 g protein per 310 ml bottle. It is the perfect drink for on-the-go. Simply shake and enjoy the creamy taste. This drink supplies the body with necessary proteins; added to that it is rich in BCAAs.

With its convenient screw cap, this product is perfect throughout the day. Simply screw the cap back on and keep the bottle in the refrigerator for later use. These delicious protein milk shakes come in four mouth-watering flavors: strawberry, banana, chocolate and vanilla.

The nutrineo protein shakes are also available in the varieties lactose- or sugar-free (Zero).



Advantages

- 31 g protein from milk protein / 310 ml bottle
- Proteins contribute to the growth and maintenance of muscle mass
- Rich in BCAAs (>14 mg)
- Contains essential amino acids with more than 6 g leucine per 310 ml bottle
- Full-bodied taste
- Creamy texture
- Low fat: only 0,1 g fat in 100 ml
- With Sucralose
- Gluten-free
- Ready to drink - perfect for on-the-go
- Must not be refrigerated; shelf life nine months

i What are BCAAs

The term BCAAs stands for the three essential amino acids leucine, isoleucine and valine:

BCAA is the abbreviation of branched chain amino acids.

Amino acids are the building blocks of proteins.

They are transported promptly into the muscles, are readily available and are a source of nitrogen which is needed for the synthesis of other important amino acids in the muscles.

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Protein 50 Milk Shake


Description

Protein mixed milk drink with sweetener, with vanilla flavour, sterilised

Dosage per serving and application

310 ml bottle. Shake well before opening.
Consume 30 minutes before or after training.
Before During After

Technical data

Flavors: strawberry, vanilla, chocolate
Shelf life: 12 months at room temperature
Packaging: 

Allergen information

Milk and products thereof (including lactose)

Warning information

Persons with known metabolic disorders, intolerances or allergies should consult their physician prior to consumption.

Ingredients (vanilla)

Skimmed-milk 92%, milk protein, skimmed-milk powder, flavouring, thickener [E 407], sweetener [E 955], stabiliser [E 340ii].



Nutritional information (vanilla)	per 100 ml	Per serving 310 ml
Energy value	263 kJ	816 kJ
Energy value	62 kcal	192 kcal
Fat	0.1 g	0.5 g
of which saturates	0.1 g	0.3 g
Carbohydrates	4.9 g	15.3 g
of which sugars	4.9 g	15 g
Dietary fiber	0 g	0 g
Protein	10.1 g	31.2 g
Salt	0.14 g	0.42 g

Aminosäurezusammensetzungen:

Isoleucine	520 mg	1610 mg
Leucine	1028 mg	3185 mg
Valine	660 mg	2044 mg

