

HEALTH FOOD
FOR YOUR
BRAND.

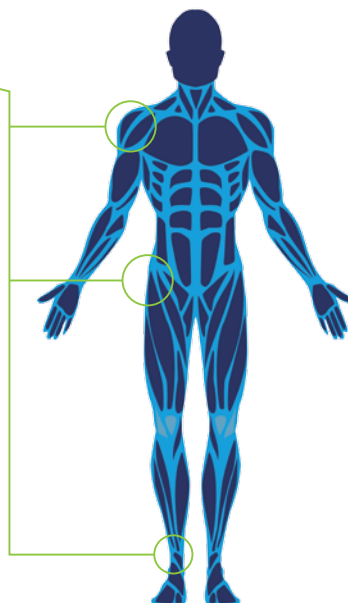
Sports Nutrition

COCONUT WATER & PROTEIN

The delicious light and tasty ready-to-drink contains BODYBALANCE®, a specific collagen hydrolysate. Collagen is the most common protein in the human body and one of its basic building blocks, eg. in tendons, joints, muscles and ligaments. BODYBALANCE® has been clinically studied, and the results published in the British Journal of Nutrition.¹ This is the first study that has investigated the effects of collagen peptides on body composition and muscle strength.

For regular strength training, the Coconut Water & Protein Drink is an effective product. The collagen and milk proteins support muscle growth and help to maintain muscle mass. The drink also provides vitamin B6. This is essential for the energy-yielding metabolism of the body.

collagen &
muscles



BODYBALANCE®
Performance Peptides



Advantages

- Contains BODYBALANCE® [collagen peptide]
- Contains milk protein
- Collagen is a natural component of joints, tendons, ligaments, skin and hair
- 15 g protein per 250 ml bottle
- Protein contributes to the growth and maintenance of muscle mass
- With coconut water
- Tropic flavour
- Gluten free
- No aspartame
- Perfect for on-the-go
- Vitamin B6 contributes to normal energy-yielding metabolism

Sources:

1) Study/ results by GelitaAG, Uferstr.7, 69412 Eberbach/Germany
Zdzieblik,D. et al 'Collagen peptide supplementation in combination with resistance training improves body composition and increases muscle strength in elderly sarcopenic men: a randomized controlled trial', doi: 10.1017/S0007114515002810, British Journal of Nutrition, 2015

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Sports Nutrition

Coconut Water & Protein

Description

Protein mixed drink, with coconut-tropic flavour, with sweetener. Produced from water, coconut water, milk protein and collagen hydrolysate, sterilised.

Dosage per serving and application

Shake well before opening. Consume 30 minutes before or after training.

Before During After

Technical data

Flavors: Coco-Tropical
Shelf life: 9 months at room temperature
Packaging: 

Allergen information

Milk/milk products (including lactose).

Ingredients (Coco-Tropical)

Water, coconut water 24%, **milk protein**, collagen hydrolysate 2,95%, inulin, flavourings, sweetener (sucralose), thickener (carrageenan), pyridoxine hydrochloride.



Nutritional information [Coco-Tropical]	per 100 ml	per serving 250 ml
Energy value	130 kJ	323 kJ
Energy value	31 kcal	77 kcal
Fat	0.1 g	0.15 g
of which saturates	0 g	0.1 g
Carbohydrates	0.9 g	2.2 g
of which sugars	0.4 g	0.95 g
Dietary fiber	1.1 g	2.75 g
Protein	6.1 g	15.3 g
Salt	0.06 g	0.15 g
Vitamin B6	0,14 mg (10%*)	0,35 mg (25%*)

* NRV = nutrient reference values = percentage of recommended reference intake

