

HEALTH FOOD
FOR YOUR
BRAND.



Sports Nutrition

PROTEIN DESSERT WITH COLLAGEN PEPTIDES

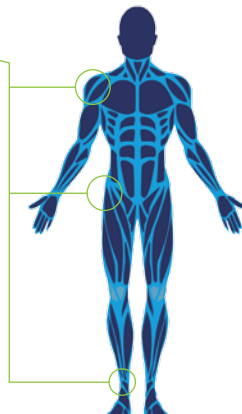
For ambitious athletes, the experts at nutrineo have created a creamy protein dessert with the benefit of collagen peptides. The delicious protein dessert has been fortified with BODYBALANCE® and FORTIGEL®, two specific bioactive collagen peptides. Collagen is the most common protein in the human body and one of its basic building blocks, eg. in tendons and ligaments. The benefits of collagen protein* have been backed up by clinical studies.¹

This creamy dessert makes it easier for the consumers to additionally integrate healthy nutrients into their daily routine and diet plans. The dessert is available in two flavours. Furthermore, the dessert also provides important vitamins and minerals such as vitamin D, C, B6 and calcium.

Advantages

- Contains BODYBALANCE® [collagen peptide]
- Contains FORTIGEL® [collagen peptide]
- Collagen is a natural component of joints, tendons, ligaments, skin and hair.
- 31 g protein per serving [type lemon curd]
29 g protein per serving [type chocolate]
- *Protein contributes to the growth and maintenance of muscle mass
- Gluten free
- No aspartame
- Easy to prepare
- Handy single portion available
- With vitamin C: contributes to normal collagen formation for the normal function of cartilage and bones
- Vitamin C and B6 contribute to normal energy-yielding metabolism
- Vitamin D and Calcium contribute to the maintenance of normal muscle function and normal bones

collagen & muscles



BODYBALANCE®
Performance Peptides

FORTIGEL®
The Joint Health Revolution

Sources:

1) Study/ results by GelitaAG, Uferstr.7, 69412 Eberbach/Germany
Zdzieblik, D. et al 'Collagen peptide supplementation in combination with resistance training improves body composition and increases muscle strength in elderly sarcopenic men: a randomized controlled trial', doi: 10.1017/S0007114515002810, British Journal of Nutrition, 2015

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Protein Dessert with Collagen Peptides

Description

Powder to prepare a protein pudding with chocolate flavour, with sweetener, enriched with milk protein, collagen hydrolysate [BODYBALANCE® 26,7 % and TENDOFORTE® 13,5 %] and vitamins.

Dosage per serving and application

Add 37.5 g powder to 150 ml cold water, stir quickly with an eggbeater or use a shaker. Consume 30 minutes before or after training.

Before During After

Technical data

Flavors: chocolate, lemon-curd

Shelf life: 15 - 18 months

Packaging: 

Allergen information

Soy/soy products, milk/milk products [including lactose].

Warning information

Persons with known metabolic disorders, intolerances or allergies should consult their physician prior to consumption.

Ingredients [lemon-curd]

Collagen hydrolysate 40%, **milk protein**, micellar **casein isolate**, **whey protein concentrate**, thickener [E 407], emulsifiers [E 471, E 322], stabiliser [E 450], flavouring, anti-caking agent [E 551], salt, ascorbic acid, sweeteners [E 950, E 955], colouring food [concentrate from lemon, safflower], cholecalciferol, pyridoxine hydrochloride.



Nutritional information [lemon-curd]	per 100 g powder	per serving /37.5 g in 150 ml water
Energy value	1521 kJ	571 kJ
Energy value	358 kcal	134 kcal
Fat	1.2 g	0.4 g
of which saturates	0.6 g	0.2 g
Carbohydrates	1.5 g	0.5 g
of which sugars	1.1 g	0.4 g
Protein	85 g	31.9 g
Salt	1.02 g	0.38 g
Vitamin D	6,67 µg (133%*)	2,5 µg (50%*)
Vitamin C	107 mg (134%*)	40,1 mg (50%*)
Vitamin B6	1,14 mg (81%*)	0,43 mg (31%*)
calcium	963 mg (120%*)	361 mg (45%*)

* NRV = nutrient reference values = percentage of recommended reference intake

