

**HEALTH FOOD
FOR YOUR
BRAND.**



Weight Management

MEAL REPLACEMENT - SAVORY SOUPS

With our innovative soups, nutrimeo offers savory alternatives to sweet, traditional protein shakes.

Soups from nutrimeo are a savory meal for a weight management diet.

All of our low calorie soups are characterized by high levels of dietary fiber, vitamins and minerals as well as important trace elements. Furthermore, high quality proteins support the maintenance of muscle mass during a reduction diet. We refrain from using gluten and/or lactose upon request for optimal weight reduction, even for people suffering from intolerances.

Available in different flavors:

- Potato-leek soup
- Tomato soup



Advantages

- Meal replacement with soy protein isolate
- Replaces one or two main meals per day
- Savory alternative to sweet snacks
- With dietary fiber
- Rich in protein in order to regulation
- Available in tomato, potato-leek flavors

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Weight Management

Meal replacement - savory soups

Description

Meal replacement for weight control with potato-leek flavor.

Dosage per serving and application

Quickly stir 60 g of the powder into 300 ml hot water and use a whisk if necessary.

Technical data

Flavors: Tomato, potato-leek

Shelf life: 12 - 18 months depending on the packaging format

Packaging:



Allergen information

Soy/soy products, milk/dairy products (including lactose).

Warning information

Persons with known metabolic disorders, intolerances or allergies should consult their physician prior to consumption.

Ingredients

Potato flakes 40%, **soya protein isolate**, **soya oil**, smoked salt, pea-protein, onion powder, fructose, potato protein, yeast extract, leek (dried) 2%, stabilizers [E 414, E 451i], maltodextrin, glucose syrup, flavourings, tricalcium phosphate, magnesium carbonate, smoked bacon extract, dipotassium phosphate, nutmeg, leaves of lovage, parsley, **milk protein**, fully hydrogenated palm fat, ascorbic acid, anti-caking agent [E 551], zinc gluconate, ferric-III-pyrophosphate, D,L-alpha-tocopheryl acetate, nicotinamide, retinyl acetate, calcium D-pantothenate, manganese sulphate, cholecalciferol, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, pteroylmonoglutamic acid, sodium selenite, phytomenadione, D-biotin, cyanocobalamine.

Nutritional information (potato-leek)	in 100 g	per serving / 60 g in 300 ml water
Energy value	1530 kJ	918 kJ
Energy value	363 kcal	218 kcal
Fat	9.2 g	5.5 g
of which sugars	1.9 g	1.1 g
Carbohydrate	37.8 g	22.7 g
of which sugars	5.1 g	3 g
Fiber	5.2 g	3.1 g
Protein	29.7 g	17.8 g
Salt	7.05 g	4.23 g
Vitamin A	464 µg (58 %*)	278 µg (35 %*)
Vitamin D	2.62 µg (52 %*)	1.57 µg (31 %*)
Vitamin E	7.2 mg (60 %*)	4.3 mg (36 %*)
Vitamin K	53.7 µg (72 %*)	32.2 µg (43 %*)
Vitamin C	52.5 mg (66 %*)	31.5 mg (39 %*)
Thiamine	0.69 mg (63 %*)	0.42 mg (38 %*)
Riboflavin	0.90 mg (64 %*)	0.54 mg (39 %*)
Niacin	11.44 mg (72 %*)	6.86 mg (43 %*)
Vitamin B6	1.16 mg (83 %*)	0.70 mg (50 %*)
Folic acid	158.66 µg (79 %*)	95.2 µg (48 %*)
Vitamin B12	1.46 µg (58 %*)	0.87 µg (35 %*)
Biotin	30.2 µg (60 %*)	18.1 µg (36 %*)
Pantothenic acid	3.9 mg (65 %*)	2.3 mg (38 %*)
Potassium	913 mg (46 %*)	548 mg (27 %*)
Calcium	441 mg (55 %*)	265 mg (33 %*)
Phosphorus	668 mg (95 %*)	401 mg (57 %*)
Magnesium	231 mg (62 %*)	139 mg (37 %*)
Iron	9.9 mg (71 %*)	6 mg (43 %*)
Zinc	6.1 mg (61 %*)	3.6 mg (36 %*)
Copper	0.6 mg (60 %*)	0.4 mg (40 %*)
Manganese	1.1 mg (55 %*)	0.7 mg (35 %*)
Selenium	33.8 µg (61 %*)	20.3 µg (37 %*)
Iodine	92.3 µg (62 %*)	55.4 µg (37 %*)
Sodium	2818 mg	1691 mg

* NRV = nutrient reference values = percentage of recommended reference intake

